

Alaina Hepworth

From: MASH Ministries--Paul and Sarah Phelps <themashunit4077+gmail.com@ccsend.com>
Sent: Thursday, December 15, 2022 1:12 PM
To: Alaina Hepworth
Subject: Phelps Family Update



MASH Ministries Update December 2022

Doesn't seem possible that we are wrapping up 2022 in just a few short days. The Lord has definitely been good to our family and our ministry. Ministry has been busy this fall with two main fundraisers, two consistent support groups that meet regularly (one every other week and one every Friday), meetings with those struggling and community outreach. This latest outreach within the local community may have become one of our favorites!!! Paul is still a community chaplain which has been a huge aid in opening doors for ministry. Our family and ministry cannot thank you enough for the love, support, cards, prayers and friendships through the years. We love when we can reconnect and visit with those we have met in ministry and different speaking engagements. We cannot wait to hopefully reconnect with those who we have met over these last few years during 2023. Please pray that extra funds would come in to help cover the cost of travel to and from meetings and living expenses due to the recent rise in gas prices and costs of living. We pray that you have a wonderful Christmas with family and friends. Thank you so much for being a blessing to this ministry.

Support Groups Recap

We have been blessed and encouraged to see one support group in particular meet consistently and regularly since Paul started it back in 2018. This group discusses the material that Paul has written and is in the process of writing. This group has become family to our family and really looks out for each group member. This group is growing not only in numbers but also as individuals. Sadly, about a week ago one of the groups regular attenders passed away unexpectedly. Not only to this person that passed away attend regularly but also would bring new people each week. Please be praying for more doors to open due to his passing.

We have one other group that has recently started meeting within the last year. They meet every Friday at a local college Work One office. Please pray for the different unique opportunities that Paul has because of this support groups meeting.

We have been contacted to possibly start two more support groups. Please pray for those who need to be in attendance that the Lord will lead the right people to us as well the expenses to start these additional groups.

Golf Fundraiser 2022 Recap

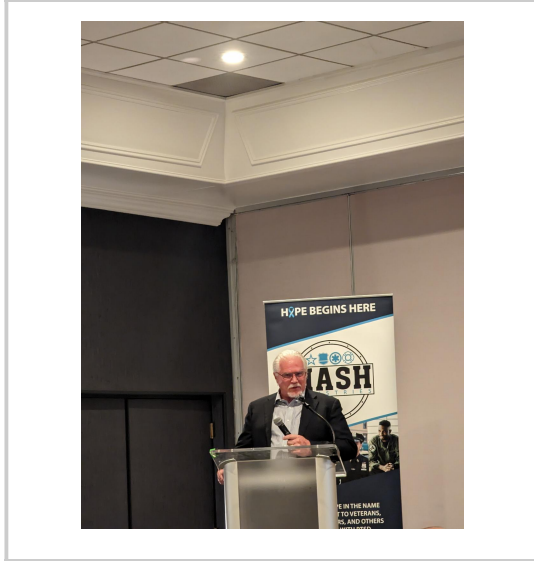
In September, MASH Ministries hosted its second annual Golf Classic. This year we switched locations for about what we paid last year, and the guys played on a much better course. While we had slightly less golfers this year due to various reasons, we raised more funds than in 2021. We plan on using this same course again next year and look forward to how we can grow this event. Would you pray with us that this would be a great outreach to the community and as we begin planning for 2023. Pray that we would be able to grow in the number of golfers and sponsors and that more in the community would begin to know more about what MASH is all about. Here are a few photos from this year's golf classic.



Gala 2022 Recap

On November 4th, MASH Ministries hosted its 3rd annual gala and silent auction. This event is always a highlight of the year by those in attendance. Those in attendance enjoyed a nice sit-down dinner and appetizers, networking, bidding on silent auction items

and listened to a retired Army officer speak. Also, during the gala, we heard from the owner and founder of our corporate sponsor. We learned of this new and upcoming medical device that is a neuromodulator. This device modulates the nervous system. At the gala, Jim Robertson (founder of Nu-V3) launched the trials using this device. Paul is part of the research team for this device. Paul will be counseling these veterans and first responders that are using this device. This will give him opportunities to see how they are doing spiritually, emotionally, physically, and mentally. Every single person involved in this study knows that Paul is a chaplain and many also want to join one of Paul's support groups. We are praying that the trials will be able to start soon.





Cincinnati Conference 2022

Although the numbers in attendance weren't what we had hoped for or expected, the Lord had the people there that Paul was able to sit, teach, and explain the material relating to Post Traumatic Stress and help these new Christians grow in their walk with Christ. We pray that these individuals will grow and work through the challenges that they face due to the effects of Post-Traumatic Stress. Pray that this conference will be scheduled again for 2023.



First Responder Snack Drive 2022

Back in August we were thinking of different ways that we could grow our ministry with our local first responders. Hamilton County, where we live, is the home to many different cities. Westfield, Carmel, Fishers, Noblesville, Sheridan, and Arcadia are all cities that are within the county lines to name a few. While many people do bring donations to the local departments, most of the time only that immediate shift can partake of what is brought in. After some thought, discussion and approval, we talked to our church on having others get behind the first responders in the area. We set out a sign-up sheet for others to sign up for bringing different snacks from a list we created, sending in funds to cover the cost of the food, or helping to assemble the baskets and distribute them to the local departments. After a few weeks of receiving the donations, we assembled the baskets to distribute them to some of the local departments. We had enough snacks to assemble 36 baskets!!!! In each basket was a variety of snacks, information about MASH, a Christmas tract and a Christmas card plus information on the different Christmas services that our church is having. It was so fun to deliver the baskets to the different departments and see the joy and excitement on the faces after we told them that the baskets were for them. We

can't wait to do this outreach again in the near future and see how many more baskets will be able to be filled.



[See The Reports](#)

Phelps Family Update

Here is a little update about each of us:

Paul is keeping busy with writing the curriculum, managing support groups, various speaking engagements, chaplain responsibilities and helping out in the Wednesday night kids program at church along with keeping up with his four growing girls (and Sarah) and spending time as a family.

Sarah is keeping busy planning the various fundraisers for MASH, putting together silent auction baskets, organizing outreach to the first responders as well as being a mom to her four growing girls. She is also involved working with the kids' program on Wednesday nights and subbing at the girls' school when needed.

Alyssa is now in 7th grade and really thriving. She is doing an amazing job in school and is diligently studying and learning. She is active in her youth group and helping in the nursery once a month at church. While she is currently not involved in sports, she is

anxiously waiting for softball in the spring. She is also taking clarinet lessons which she really enjoys. When she is not studying for her classes, she loves to write her pen-pal (which happens to be another chaplain's daughter), being with family and friends, and exploring the world through photography! As a parent, we are proud of the young lady she is becoming.

Anna is in 4th grade already and just loving her teachers! Out of the four girls, Anna has really changed the most. She has grown 9 inches since June 2021. She loves to learn and branch out for new food ideas. She also loves to play softball and can't wait for the new season to start. Anna has also begun writing to a pen-pal (a sister of Alyssa's pen-pal) and loves to help in the kitchen and family time! We are so proud of who she is becoming.

Alex and Ava are now in 1st grade and ever keeping us on our toes. They love their teacher and love to learn. They are always asking for time with their friends and being together as a family. They also love to help in the kitchen (mainly baking) and doing all things girly. They too cannot wait for softball to begin and spending time together as a family.

We look forward to Christmas break starting next week, catching up on rest, talking together as a family about the true meaning of Christmas and being able to spend time as a family before the second semester of school begins.

Thank you again for your prayers and support. We trust you will have a Merry Christmas with family and friends!!





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