

## Alaina Hepworth

**From:** M.A.S.H. <themashunit4077@gmail.com>  
**Sent:** Saturday, January 11, 2020 9:44 PM  
**To:** Alaina Hepworth  
**Subject:** Reminder: Phelps Family Update January 2020



Dear Supporters and Praying Friends,

Wow it is hard to believe that another year of ministry is wrapped up and another one is started. We are grateful and blessed having each of you apart of what the Lord has called us to do. Here are a few highlights of what happened in 2019: held PTSD conferences, Paul was ordained, attended a training event in Denver, started two new PTSD groups, Paul became a PTSD Chaplain endorsed by FBF, and other opportunities that will be revealed later this year.

As for 2020, here are some of what is scheduled for the ministry: helping start more PTSD groups in Indiana, teaching several PTSD conferences at local churches, chaplain training, furthering our education, speak at Westfield, Indiana's Chamber of Commerce luncheon, and attending several meetings to pastor groups in Ohio to set up PTSD conferences throughout the year. This opportunity will allow us the chance to work closely with the National Guard and Reserve Bases in Ohio as well as first responders. We are also looking into fundraiser opportunities to raise money that would cover the cost for veterans and their families as well as first responders to attend the conferences at little to no cost.

Here are some prayer requests that we have:

- our daughter Alexandra (one of the twins) is having surgery on both of her hands on January 16th to remove the nub from having an extra finger on each hand at birth. Please pray for her nerves to be calmed and for the plastic surgeon to have clarity to get a clean stitch
- for wisdom as we plan our conferences and fundraisers
- for opportunities to counsel those who are struggling with PTSD
- for one that attends a PTSD group--seeking salvation and is a WWII veteran

We are excited for these opportunities that the Lord has provided. Thank you for partnering with us.

Paul, Sarah, Alyssa, Anna, Alexandra, and Ava Phelps