Alaina Hepworth

From: Phelps Family--MASH Ministries <themashunit4077@gmail.com>

Sent: Saturday, October 30, 2021 10:05 PM

To: Alaina Hepworth
Subject: November Update



MASH Ministries November 2021 Update

Dear Supporters, Prayer Partners, and Friends,

How is it possible that 2021 is coming to a close within just a few weeks? While life doesn't look exactly the same as it once was, we have made the best of it. Covid has caused us to think outside of the box while reaching veterans and first responders who are struggling with Post Traumatic Stress. Traveling is starting to pick back up for us a little. Paul was able to attend a Missions Conference at one of our supporting churches back in Michigan at the beginning of October. This past weekend, the family traveled to West Virginia to speak at some friends church for their Missions Emphasis Month. It was great to be able to share our burden with these churches. We look forward to adding more meetings soon.

The kids are doing well in school. They continue to learn and are staying fairly healthy (minus a small case of strep). It is hard to believe that Alyssa is in 6th grade this year; Anna is in 3rd grade; and the twins are in Kindergarten. We are grateful that they are able to be at a solid Christian School in Indianapolis.

Prayer Requests:

- · kids health
- traveling safety
- support groups
- continued wisdom in writing book 2

Praises:

- successful fundraisers
- contacts made
- · recent meetings at churches

MASH Ministries Gala and Golf Classic

This fall, MASH was able to host two fundraisers to make others in the community more aware of what MASH Ministries is all about. We have been able to partner with businesses in the Hamilton County area for both of these events.





Fun work meeting with a racecar driver

We were privileged to be able to spend the day with an IndyCar driver as part of a product testing with one of our sponsors.



Newspaper article on MASH Ministries

This past month, MASH Ministries was asked to be interviewed by the local newspaper for our county. This small interview turned into a story in the newspaper about MASH and Paul's time in the military/veteran suicide. This has led to a full cover story coming out this month about Paul's time in Iraq and what led him to start MASH Ministries. The writer for the article also did a photoshoot of Paul and his book. We thank the Lord for helping spread the word about who MASH is and what our mission is.

To read the first news article that was published, click on the following link:

https://www.youarecurrent.com/2021/10/19/mash-ministries-hamilton-county-health-dept-work-to-help-veterans/

The cover story should be available this week.

Support Groups

We are in the process of starting a few more support groups in the Indy area. We have also been asked to start multiple support groups across the US. If you are interested in having a support group started in your area or at your church, please contact Paul Phelps via email (themashunit4077@gmail.com) or by phone at 317.488.1666. We would like to see the number of support groups grow across Indiana and the US.

Meeting with Riverview Health--Opportunity for MASH **Ministries**

The week of the gala, Paul was able to sit down with our US Representative, Victoria Spartz as well as city commissioners and the executive board of Riverview Hospital System in Hamilton County to discuss the possibility of opening up a satellite campus of the VA Hospital in Hamilton County. Many veterans dread going to the main hospital downtown. This would allow for veterans to receive the care that they need at the local hospital without the long drive to the main VA hospital and the visits would still be covered by the VA. This opportunity was then mentioned further at the gala by our city commissioner, Mark Heirbrandt who was in attendance of this years gala as well as last years. This would meet a huge need with the veterans within the county. This opportunity has already opened up several doors for MASH,



MASH Ministries



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