



## PHELPS FAMILY MINISTRY UPDATE

**"...let us run with patience the race that is set before us."  
Hebrews 12:1b**

Dear Supporters and Praying Friends,

As we begin a new year of ministry, we are grateful for those who are running the race with us. We are grateful for the prayers of God's people on our behalf and those that support us financially each month so we can continue this journey of reaching those that are struggling with the effects of PTSD.

Ministry continues to go well and we have had the opportunity to talk with those who are struggling with PTSD. As we are ending another month and beginning another, we are gearing up for several events. The Lord continues to bless us with upcoming conferences. Paul has been busy studying and writing his doctrinal statement in preparation for his ordination. On the same day as his ordination, we are also able to have our commissioning service. Both of these will be held at Colonial Hills Baptist Church in Indianapolis, IN.

Our family was invited to participate in a Missions Conference on the southside of Indianapolis this past week. The theme of the conference was Military Strong. We are grateful that the Lord worked out the details and allowing us to be able to participate in reaching those with PTSD for Christ. There are so many neat details in how the Lord worked on allowing us to be in this conference. We made lifelong friends at this Missions Conference and we look forward to having our paths cross again in the near future.

Continue to pray for our family as we travel that we would stay safe and that the Lord would give us opportunities to spread the gospel. Also pray as the kids continue school. It is a busy time of year and lots of projects going on as well as upcoming testing. We thank the Lord for keeping us healthy. Three years ago before we joined AFBM, the Lord blessed us with twin girls. For three weeks, we were back and forth to the hospital taking care of Ava. On February 15, 2016, the Lord allowed us to bring Ava home with the rest of the family. Looking back on this time, as the twins just turned 3 this past week, the Lord guided us each step of the way. We thank God for blessing us with healthy girls. Pray that they would grow up and continue to serve the Lord. As a way of update, Sarah's back continues to heal and are currently seeing if it is strong enough to stop therapy or if she will need to go back to therapy.

Thank you again for all text messages, calls or emails letting us know you are thinking and praying for us. We cannot continue this ministry on our own and we need God's help and the prayers of his people.

Paul, Sarah, Alyssa, Anna, Alexandra, and Ava Phelps

**"God is our refuge and strength, a very present help in trouble."  
Psalm 46:1**

## CONFERENCES AND RETREATS

For these upcoming retreats and conferences, you can register at [www.woundedspirits.com/events](http://www.woundedspirits.com/events). These retreats and conferences are for anyone struggling with the effects of PTSD, if you are a veteran or a first responder, or you are wanting to help someone who is struggling with PTSD. Here is a list of upcoming events:



- February 25-March 1, 2019 Board Meeting Chesapeake, Virginia
- March 18-22, 2019 Camp Co-Be-Ac Prudenville, MI
- April 12-13, 2019 Colonial Hills Baptist Church Indianapolis, IN
- April 13-14, 2019 Ordination/Commissioning Service at Colonial Hills Baptist Church Indianapolis, IN
- May 6-10, 2019 Camp Joy Whitewater, WI
- May 31-June 1, 2019 Faith Baptist Church Mattawan, MI

### [Wounded Spirits Events](#)

## BROCHURES FOR UPCOMING CONFERENCES AND RETREATS

CAMP CO-BE-AC

CAMP JOY

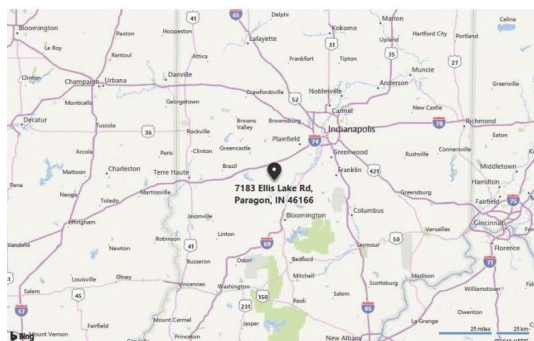
CONFERENCE AT COLONIAL HILLS BAPTIST CHURCH

CONFERENCE AT FAITH BAPTIST CHURCH MATTAWAN MICHIGAN

## Ellis Lake Retreat

Continue to pray as we move forward about purchasing property that is already established. This property would allow us to hold retreats with no restrictions on the time of year. Timing is a huge restriction currently and we feel the Lord leading us in this direction. There is no timeframe as to how long of process this will take. Please pray as we seek to raise money to purchase this property. We will need to raise \$10k in a week to show that we are interested in purchasing the property.

[Link to Property](#)



## New Updated Ministry Video

If you have not seen our updated ministry video, you can do so by clicking on the link below.

[Ministry Video](#)

